

PRAYING THE JESUS 'WAY

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Intent of these jottings

To follow our Master's example in our daily prayer.

Jesus Prayed at All Times

- **Early in the morning** (*Mark 1:35*) "Very early the next morning, long before daylight, Jesus got up and left the house, He went out of the town to a lonely place where he prayed.
- **Late in the night** (*Luke 6:12*) At that time Jesus went up a hill to pray, and he spent the whole night there praying to God...
- **Often during the day.** (*Luke 5:16*) But he would go away to lonely places, where he prayed,

And You, at What Times Do You Pray?

In the morning? Is prayer of such importance for you that, if need be, you will get up early in the morning to pray for a while?

In the night? Do you, however tired, spend some time at night praying before going to bed?

During the day Do you occasionally, during the day – wherever you may find yourself - spend some moments in prayer with God?

Jesus Prayed at the Critical Moments of His life

- **Jesus prayed before starting his public life.** (*Luke 3:21/22*) "At His Baptism in the Jordan, Jesus prayed to God his Heavenly Father.
- **Jesus prayed before he started his public ministry** (*Mathew t 4/1-11*) For forty days and forty nights in the desert.
- **Jesus prayed before he chose the apostles** (*Luke 6:12/13*) "Jesus went up a hill to pray. when day came he called his disciples and chose twelve of them"
- **Jesus prayed before his transfiguration** (*Luke 9:28/29*) Jesus took Peter, John and James with him and he went up a hill to pray".
- **Jesus prayed before the his Passion.** (*Luke 22:39-46*) The prayer of Jesus in Garden of Olives.: No My will, but your will be done!.
- **Jesus prayed on the cross** (*Luke 23:34& 46*) "Forgive them, Father, They do not know what they do" "
- **At the moment of his death:** (*Luke 23/46*) "Father, into your hands I place my spirit"

And You, on What Occasions Do You Pray?

- Do you pray in critical times?
 - When you have to take any important decision
 - Do you pray in your joys, successes and failures?
 - Do you turn to God, in prayer, in your sufferings difficulties and trials?
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Jesus Prayed for Others?

- (Luke 22-32) Jesus prays for Simon Peter that his faith may not fail.
- (John 17:9-16) Jesus, at the Last Super, prayed for his disciples
- (John 17:20) Jesus, at the Last Super, prayed for us all Christians-to-be
- (Luke 23:34) Jesus prayed for his enemies, all those responsible for his crucifixion.

And You, for Whom Do You Pray?

- Who do you pray for your family? For your in-laws, your servants and employees?
 - Do you pray for your friends and neighbors?
 - Do you pray for your enemies and those you dislike?
 - Do you pray for the poor, the sick, the old, the exploited, the sinners, the children, the unemployed, the authorities? etc.
 - Do you pray for the great general intentions like: for peace in the world, for the Church, for unity among peoples, for the propagation of the faith, etc. ?
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Closure:

- Frame some sort of resolutions to improve your prayer life
- ***For awhile pray without prayers, pray just from your heart.***
- Recite the Our Father.
- Read or sing an appropriate hymn.