

THE "UNIQUE" ROLE EACH ONE OF US HAS TO PLAY

IN A GROUP AND IN SOCIETY.

The Human Machine

Purpose of the Exercise

- ✓ *To build up team spirit.*
- ✓ *To realize that a task to succeed requires many people working together in cooperation.*
- ✓ *To pool together the "resources and talents" of each and all the members in a group.*

Procedure:

- ✓ The participants are divided into small groups of 6 to 10 each.
- ✓ Each group will have to "mime" a machine.
- ✓ The group meets and decides what machine to mime: e.g. steam roller, a pressure cooker, a submarine, a printing press, helicopter, etc....
- ✓ All the members of the group have to take part in the mime; each one will be a part of the machine. No words or sounds are allowed. Only mimicry to be used.
- ✓ Time is given to the groups to rehearse in private.
- ✓ Next, the groups will come together and present their machines.
- ✓ The onlookers have to guess what the machine is being mimed.

Personal Work:

Write answers to the following questions:

1. What was the purpose of the game?
2. What are the leadership qualities you saw in your group members as you were planning and rehearsing the task?
3. What are the qualities necessary for team work`?
4. What are the things that can spoil team work? How to avoid them?
5. Lessons you learned through the exercise of the "Human Machine"
6. What were your feelings while doing the exercise?
7. What will be your personal contribution towards the success of our meetings, camp, workshop, etc.?

Explain the following sentences:

- Alone we fall, united we stand.
- What you or I can't do, we can.
- A drop of water is a just a drop, many drops make the ocean
- Because of a shoe horse nail, a battle was lost.
- Cooperation makes all winners, lack of it, losers.
- Cooperation brings peace, competitiveness strife.
- A faulty spare part, however small, paralysis the most perfect machine
- In an orchestra, one single instrument out of tune, mars the entire symphony.. .

Group Work:

Sharing of the replies.

A short discussion of the most salient points.

Apply those points to life in general and to our meetings, camp or workshop in particular.

Planning, as a group, our work, projects, camp, sessions, activities, etc....

Input: By any of the moderators.

The main ideas that surface in the discussion can be rounded up.

Some ideas on group workings, group dynamic, roles in the groups etc, could be expounded.

Prayer Session:

The session could end by a prayer service on: the **Praying Machine**, namely, a group prayer. All should plan and contribute to build the prayer session. E.g. Guitarists, singers, readers, announcers, spontaneous prayers, etc.