

Themes For Family Catechesis

*Twelve Themes were suggested as monthly catechesis during “**The Year of the Family**”*

Being of great interest for Human and Religious Education of the Family, we offer them herewith. You may develop them in your own way,

1. **The Fractured Family** : the pressures from society are taking its toll on family life. We are to become aware of them as the first step to counteract them.
2. **Making time for each other** : In our busy urban life, we need to find time and make time for each other.
3. **Parents’ role in family life** : Parents set the tone and texture of family life. How can they fulfill their role more effectively?
4. **Children’s role in family life** : the way children relate to each other and to their parents is changing.; What are the values that need be maintained for a healthy family life.
5. **Praying together** : Family prayer has been a long standing tradition in our families. We need to learn new forms of prayer that are relevant today for our families..
6. **Christ in our family** : Christ is the head of every home, the unseen guest at every meal . How do we make this a reality in our homes?
7. **Mary in our family** : Mary and marian forms of prayer have always been an integral part of our family life. Are we losing this tradition? How revitalize them?
8. **Family prepares for Christmas** : Christmas is an important family festival. How can the family engage in a more meaningful preparation and celebration?
9. **Family prepares for Easter** : through the 40 days of Lent, the family can learn to be united in suffering and thus prepare for the joys of the Resurrection.
10. **Family friends and relatives** : friends and relatives are an extension of the family. How do we best relate to them?
11. **Family and neighbours** : Christian families are called to witness to their faith through their presence in their neighborhood.
12. **Family and her parish** : The domestic church of the family is called to live in close collaboration with the local church which is the parish. How? Means and ways?

